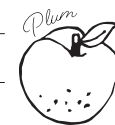
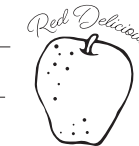
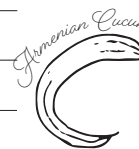


Local Produce Guide July | August | September

| <i>Apples</i> | July | Aug | Sept | Farm |
|------------------------------|------|-----|------|---|
| Blushing Gold | | | ● | Clendenen's Cider Works |
| Crabapple | | | ● | Clendenen's Cider Works |
| Early Gold | | | ● | Swallowdale Farm |
| Fuji | | ● | ● | Swallowdale Farm |
| Gala | | ● | ● | Swallowdale Farm |
| Golden Blush | ● | ● | ● | Swallowdale Farm |
| Gravenstein Varieties | | ● | ● | Clendenen's Cider Works Swallowdale Farm |
| Honeycrisp | | ● | ● | Clendenen's Cider Works Swallowdale Farm |
| Ida Red | | | ● | Clendenen's Cider Works |
| Jonagold | | | ● | Swallowdale Farm |
| Jonathan | | | ● | Hunter Orchards |
| King | | | ● | Clendenen's Cider Works |
| Mutsu | | | ● | Clendenen's Cider Works Hunter Orchards |
| Sara Mac (Heirloom) | ● | ● | | Swallowdale Farm |
| Spartan | | | ● | Hunter Orchards |
| Winesap | | | ● | Hunter Orchards |
| Williams Pride | ● | ● | | Swallowdale Farm |



| <i>Plums</i> | July | Aug | Sept | Farm |
|----------------------------|------|-----|------|-------------------------------|
| Elephant Heart Plum | | ● | ● | Luna Farm |
| Italian Prune | | ● | ● | Hunter Orchards |
| Pluot Varieties | | ● | ● | Neukom Family Farm |
| Red Beauty Plum | ● | | | Luna Farm Swallowdale Farm |
| Santa Rosa Plum | ● | ● | | Trident Lightning |
| Satsuma Plum | | ● | ● | Neukom Family Farm |
| Shiro Plum | ● | ● | | Neukom Family Farm |



| <i>Cucumbers</i> | July | Aug | Sept | Farm |
|-----------------------|------|-----|------|--------------------|
| Armenian | ● | ● | ● | Trident Lightning |
| Slicing | ● | ● | ● | Pierce Family Farm |
| Japanese | ● | ● | ● | Earthly Edibles |
| Lemon Cucumber | ● | ● | ● | Pierce Family Farm |
| Persian | ● | ● | ● | Trident Lightning |
| Pickling | ● | ● | ● | Rain Frog Farm |



| <i>Melons</i> | July | Aug | Sept | Farm |
|----------------------------------|------|-----|------|---|
| Ambrosia | ● | ● | | Willow Creek Farms |
| Annana | | ● | ● | Neukom Family Farm |
| Canary | | | ● | Trident Lightning |
| Cantaloupe | ● | ● | | Willow Creek Farms |
| Charantais | | ● | ● | Luna Farm |
| Charleston Gray | | ● | ● | Trident Lightning |
| Crane (Eel River) | | ● | ● | Neukom Family Farm |
| Crenshaw | | ● | ● | Trident Lightning |
| Crimson Sweet Watermelon | | ● | ● | Willow Creek Farms |
| Galia | ● | ● | | Willow Creek Farms |
| Gold Flower Watermelon | | ● | | Trident Lightning |
| Ha Ogen | | ● | ● | Neukom Family Farm |
| Honeydew Varieties | | ● | ● | Neukom Family Farm Trident Lightning |
| New Orchid Watermelon | | ● | ● | Trident Lightning |
| Rainbow Seeded Watermelon | | | ● | Earthly Edibles |
| Swan Lake | | ● | ● | Neukom Family Farm |
| Sugar Baby Watermelon | | ● | | Trident Lightning |
| Tiger Melon | ● | ● | ● | La Huerta del Perro |
| Toad Skin | | ● | ● | Neukom Family Farm |
| Yellow Doll Watermelon | | ● | | Willow Creek Farms |

| <i>Pears</i> | July | Aug | Sept | Farm |
|--------------------------|------|-----|------|------------------------------------|
| Asian | ● | ● | ● | Neukom Family Farm |
| Bosc | | ● | ● | Fruitwood Farms |
| Comice | | | ● | Fruitwood Farms |
| D'Anjou Varieties | ● | ● | ● | Hunter Orchards Fruitwood Farms |
| Green Bartlett | ● | ● | ● | Fruitwood Farms |
| Starkrimson | ● | ● | ● | Fruitwood Farms |

| <i>Stone Fruits</i> | July | Aug | Sept | Farm |
|-----------------------------|------|-----|------|---------------------------------------|
| Indian Blood Peaches | | ● | | Trident Lightning |
| Yellow Nectarines | | ● | ● | Hunter Orchards |
| Yellow Peaches | ● | ● | ● | Hunter Orchards Neukom Family Farm |

Continued on page 10

Local Produce Guide July | August | September

| <i>Tomatoes</i> | July | Aug | Sept | Farm |
|----------------------------|------|-----|------|--|
| Cherry Varieties | ● | ● | ● | Willow Creek Farms Luna Farm Pierce Family Farm |
| Jaune Flamme | | ● | ● | Luna Farm |
| Mixed Heirloom | ● | ● | ● | Willow Creek Farms Neukom Family Farm Earthy Edibles Pierce Family Farm |
| Roma | | ● | ● | Pierce Family Farm |
| Slicing | | ● | ● | Willow Creek Farms |
| Tomatillo Varieties | ● | ● | ● | Luna Farm |



| <i>Cauliflower</i> | July | Aug | Sept | Farm |
|--------------------|------|-----|------|-----------------------|
| Cheddar | ● | ● | | Warren Creek Farms |
| Purple | ● | ● | ● | Organic Matters Ranch |
| White | ● | ● | ● | Organic Matters Ranch |



| <i>Mushrooms</i> | July | Aug | Sept | Farm |
|-------------------------|------|-----|------|--------------------|
| Lion's Mane | ● | ● | ● | Mycality Mushrooms |
| Oyster Varieties | ● | ● | ● | Mycality Mushrooms |
| Shiitake | ● | ● | ● | Mycality Mushrooms |



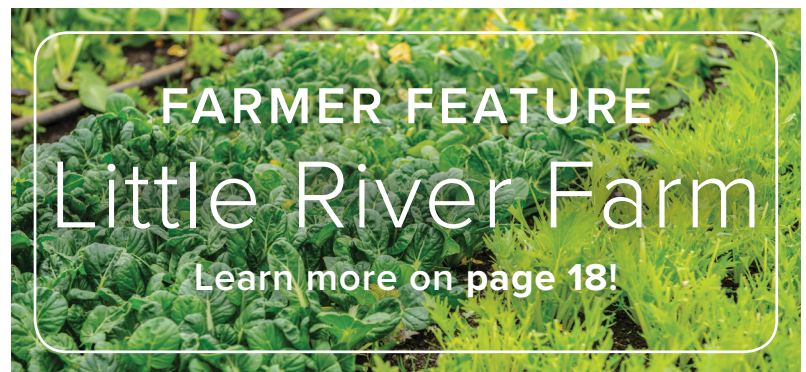
| <i>Root Veggies</i> | July | Aug | Sept | Farm |
|---------------------------|------|-----|------|---------------------|
| Beet Varieties | ● | ● | ● | Wild Rose Farm |
| Carrots | ● | ● | ● | Willow Creek Farms |
| Daikon Radish | | | ● | Willow Creek Farms |
| Fennel | ● | ● | ● | Flora Organica |
| Garlic | ● | ● | ● | La Huerta del Perro |
| Kohlrabi Varieties | | ● | ● | Rain Fog Farm |
| Leeks | | | ● | Rain Fog Farm |
| Red Onion | | ● | ● | Earthy Edibles |
| Parsnips | | | ● | Willow Creek Farms |
| Pink Beauty Radish | | | ● | La Huerta del Perro |
| Rutabega | | | ● | Willow Creek Farms |
| Shallots | | ● | ● | Pierce Family Farm |
| Watermelon Radish | | | ● | La Huerta del Perro |



| <i>Greens</i> | July | Aug | Sept | Farm |
|-------------------------|------|-----|------|-------------------|
| Assorted Greens | ● | ● | ● | Little River Farm |
| Chard Varieties | ● | ● | ● | Wild Rose Farm |
| Collard Greens | ● | ● | ● | Wild Rose Farm |
| Dandelion Greens | ● | ● | ● | Wild Rose Farm |
| Kale Varieties | ● | ● | ● | Wild Rose Farm |
| Mixed Greens | ● | ● | ● | Wild Rose Farm |
| Mustard Greens | | | ● | Wild Rose Farm |
| Radicchio | ● | ● | ● | Flora Organica |
| Spinach | ● | ● | ● | Wild Rose Farm |

| <i>Squash</i> | July | Aug | Sept | Farm |
|-------------------------------|------|-----|------|--|
| Acorn | ● | ● | | Willow Creek Farms |
| Buttercup | ● | ● | | Willow Creek Farms |
| Butternut | ● | ● | | Willow Creek Farms |
| Crookneck | ● | ● | ● | Pierce Family Farm |
| Delicata | | ● | ● | Willow Creek Farms |
| Jack-o-Lantern Pumpkin | | | ● | Warren Creek Farms |
| Jester | ● | ● | | Willow Creek Farms |
| Kabocha Varieties | | ● | ● | Willow Creek Farms |
| Mixed Squash | ● | ● | | Willow Creek Farms |
| Red Kuri | | ● | ● | Willow Creek Farms |
| Spaghetti | | ● | ● | Willow Creek Farms |
| Sugar Pie Pumpkin | | | ● | Warren Creek Farms |
| Sunburst Squash | ● | ● | | Willow Creek Farms |
| Zucchini Varieties | ● | ● | ● | Pierce Family Farm Willow Creek Farms |

Continued on next page



Local Produce Guide July | August | September

| <i>Peppers</i> | July | Aug | Sept | Farm |
|------------------------|------|-----|------|--------------------|
| Anaheim | | ● | ● | Willow Creek Farms |
| Bell Varieties | | ● | ● | Pierce Family Farm |
| Cayenne | | ● | ● | Flora Organica |
| Italian Sweet (Carmen) | | ● | ● | Willow Creek Farms |
| Jalapeño | | ● | ● | Pierce Family Farm |
| Jimmy Nardello | | ● | ● | Flora Organica |
| Padron | ● | ● | ● | Flora Organica |
| Pimento | | ● | ● | Willow Creek Farms |
| Poblano | | ● | ● | Willow Creek Farms |
| Serrano | | ● | ● | Willow Creek Farms |
| Shishito | ● | ● | ● | Flora Organica |



| <i>Lettuce</i> | July | Aug | Sept | Farm |
|-------------------|------|-----|------|-----------------------|
| Butter Varieties | ● | ● | ● | Organic Matters Ranch |
| Green Leaf | ● | ● | ● | Organic Matters Ranch |
| Oakleaf Varieties | ● | ● | ● | Organic Matters Ranch |
| Red French Crisp | ● | ● | ● | Organic Matters Ranch |
| Romaine | ● | ● | ● | Organic Matters Ranch |

| <i>... and more!</i> | July | Aug | Sept | Farm |
|----------------------|------|-----|------|--|
| Artichokes | ● | ● | ● | Earthly Edibles Flora Organica |
| Bok Choy Varieties | | | ● | Willow Creek Farms |
| Broccoli | ● | ● | ● | Earthly Edibles |
| Grape Varieties | | ● | ● | Pierce Family Farm |
| Green & Red Cabbage | ● | ● | ● | Organic Matters Ranch |
| Eggplant Varieties | ● | ● | ● | Pierce Family Farm Willow Creek Farms |
| English Peas | | ● | ● | Warren Creek Farm |
| Peashoots | | ● | ● | Feral Family Farm |
| Quince | | | ● | Clendenen's Cider Works |
| Romanesco | ● | ● | ● | Organic Matters Ranch |
| Snow Peas | ● | ● | ● | Organic Matters Ranch |
| Sugar Snap Peas | ● | ● | | Organic Matters Ranch |
| Sunflower Shoots | ● | ● | ● | Organic Matters Ranch |
| Wheatgrass | ● | ● | ● | Feral Family Farm |
| Yellow Corn | ● | ● | | Willow Creek Farms |

| <i>Beans</i> | July | Aug | Sept | Farm |
|----------------------|------|-----|------|--------------------|
| Green Bean Varieties | ● | | | Willow Creek Farms |
| Romano Beans | ● | ● | | Paul Lohse |
| Yellow Beans | ● | ● | | Paul Lohse |
| Yellow Romano Beans | ● | ● | | Paul Lohse |

| <i>Herbs</i> | July | Aug | Sept | Farm |
|--------------------|------|-----|------|---|
| Basil | ● | ● | ● | Pierce Family Farm Earthly Edibles |
| Cilantro | ● | ● | ● | Wild Rose Farm |
| Dill Varieties | ● | ● | ● | Rain Frog Farm |
| Kaffir Lime Leaves | ● | ● | ● | Claudia's Herbs |
| Parsley Varieties | ● | ● | ● | Luna Farm Pierce Family Farm Rain Frog Farm |

Weather may affect produce availability

| <i>Where's your farmer?</i> | | | | |
|--|---|--|---|--|
| Swallowdale Farm <i>in Arcata</i> | Wild Rose Farm <i>in Blue Lake</i> | Earthly Edibles <i>in Korbels</i> | Pierce Family Farm <i>in Orleans</i> | Luna Farm <i>in Willow Creek</i> |
| Feral Family Farm <i>in Arcata</i> | Mycality Mushrooms <i>in Fairhaven</i> | Fruitwood Farms <i>in Orleans</i> | Hunter Orchards <i>in Orland</i> | Neukom Family Farm <i>in Willow Creek</i> |
| Little River Farm <i>in Bayside</i> | Clendenen's Cider Works <i>in Fortuna</i> | Paul Lohse <i>in Arcata</i> | Flora Organica <i>in McKinleyville</i> | Willow Creek Farms <i>in Willow Creek</i> |
| Rain Frog Farm <i>in Blue Lake</i> | Organic Matters Ranch <i>in Freshwater</i> | La Huerta Del Perro <i>in Orleans</i> | Trident Lightning <i>in Phillippsville</i> | Claudia's Herbs <i>in Orleans</i> |